



## NEWS RELEASE

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### **Adventure into the great outdoors with LARPD's spring offerings**

*LIVERMORE* — There is much to discover in Livermore's own backyard, and the Livermore Area Recreation and Park District makes it easy to explore.

With a number of upcoming offerings, local citizens have a variety of programs at their fingertips – or hiking boots – available for outdoor fun.

- **Brushy Peak Adventures** allow visitors to explore a magical nature area normally closed to the general public. This preserve is steeped in Native American lore, pioneer history and natural beauty. The adventures include a four-mile hike to explore sandstone rock formations and a moderately strenuous trek to the top. Two upcoming hikes will be held from **9 a.m. to 2 p.m. Sunday, March 18, and Sunday, April 1**. \$30 each. Register at least 10 days in advance to reserve a spot.
- For additional excitement, join in on a special **Brushy Peak Sunset Adventure** that allows exploration of the regional preserve during evening and night. After exploring unique rock formations and natural features, hike to the top of the peak to discuss ancient legends and sacred stories of the Native Americans while watching the sun set from this beautiful place. This rare opportunity is offered from **4:30 to 10 p.m. Saturday, May 5**. \$30.
- For those looking to become more outdoorsy but aren't sure how to get started, **Beginning Backpacking Ohlone Wilderness** is just the ticket. Ages 18 and older are invited to give backpacking a try with experienced LARPD park rangers in the Ohlone Wilderness – only a short distance from Livermore. The group will take its time hiking the four-and-a-half miles to camp, enjoy dinner and sleep under the stars. Transportation, permits, dinner and breakfast are included. Participants need to bring lunch, their own pack, sleeping bag and mat. Information about equipment rental will be provided at a pre-trip meeting. This adventure is set to start at **9 a.m. Saturday, May 5, and run to Sunday, May 6**. \$99.

For more information about these or other LARPD Open Space happenings, visit [www.larpd.dst.ca.us](http://www.larpd.dst.ca.us) or call 925-960-2400.

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